

## Observe psychotherapy in action

APA PsycTherapy provides clinicians, counselors, and trainees the opportunity to observe candid psychotherapy videos featuring known therapists.

This proven counseling training method is an invaluable tool to remain abreast of the latest psychotherapy techniques.

## Key Benefits of APA PyscTherapy

- Therapeutic approaches addressing a wide range of psychotherapy topics.
- **Proven methods** featuring common obstacles faced during unscripted therapy sessions.
- Expertly created metadata for easy navigation to specific therapeutic techniques.
- Synchronized transcripts which allow users to search for precise moments in therapy.
- Cross-search with hundreds of other databases on ProQuest, such as APA PsycInfo, APA PsycArticles, and ProQuest Central.

## **Quick Facts**

- Database type:
  - o Streaming video
- Record type:
  - Demonstration videos
- Update frequency:
  - o Biannually
  - o Updated or new videos added twice per year.
- Total # of records
  - o Over 500 demonstration videos.
- Therapy approaches
  - o Over 100 therapeutic approaches covered.
- Topics covered
  - o Over 245 topics covered.
- Platform
  - o Access through the ProQuest platform.









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